

EVES - NZ PADDLE CHAMPIONSHIPS Mount Maunganui | 11th MARCH 2023

Join NZ paddlers at Mount Maunganui, Tauranga for a fun weekend of paddle races; technical course, sprint racing and distance paddling at the EVES Realty SUP Championships, proudly brought to you by the Waterbourne Charitable Trust.

No matter whether you're just getting the hang of it, or you're a seasoned pro, this is your chance to get more involved in the emerging sport of stand up paddling, meet and paddle with NZ's very best, and smash your personal SUP goals.

Featuring 3 different paddleboard race disciplines which will take place on March 11th (and potentially finished on March 12th of not completed). We have a focus on completing three spring races and one technical race round.

The event will be focussed around fun and getting people on the water where results will be a combination of the different disciplines/styles of racing.

Racing will take place at Mt Maunganui Main Beach and Pilot Bay according to weather conditions. The preference will be to race on Mt Maunganui Main beach infront of the event hub.

REGISTRATION

Entry in all divisions will be via online registration.

The organizers reserve the right to reject or cancel any entry.

Event Check-in / Late Registration

ALL PADDLERS MUST CHECK-IN PRIOR TO RACING. If you have pre-registered online you may authorize another person to collect your race pack on your behalf.

Sat 11 March 9:00 am-10:45am - Check in and. Bring, leash and PFD to check in.

ALL PADDLERS MUST CHECK-IN PRIOR TO RACING

Race Briefing

The verbal safety briefing will cover course layout/description, event rules, safety issues and paddler questions. Safety of the participants is the number one priority of the Race Director and the event staff. All paddlers must attend their Race Briefing. See Event Schedule for Briefing Times.



Disclaimer of liability

Paddlers participate in the event entirely at their own risk. The organisers accept no liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event. It is the sole responsibility of the paddler to decide whether or not to race. All paddlers must sign a liability waiver on entry.

Each entrant must sign the indemnity declaration on the Entry Form before the event. If under 18, the parent or guardian must sign.

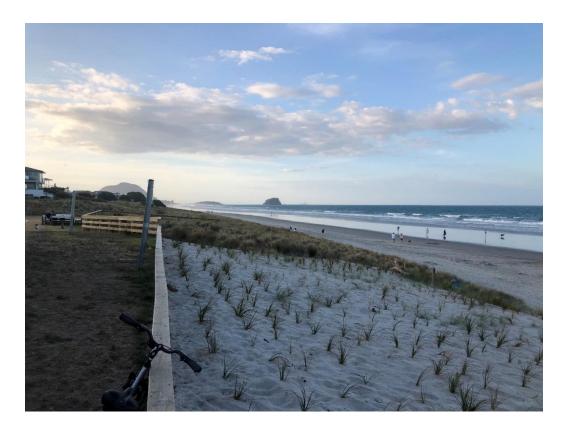
LOCATION

The event is hosted as part of the Waterbourne Event at Mount Maunganui, Tauranga. The racing will take place on Mt Maunganui Beach, where Pilot bay will be a backup location.

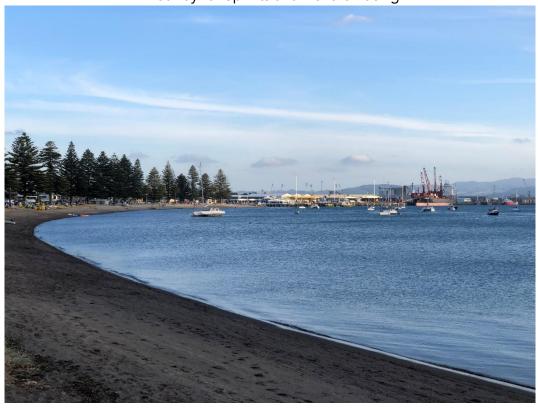


Omanu Beach Turn Point for Championship Distance





Pilot Bay for Sprints and Inshore Racing



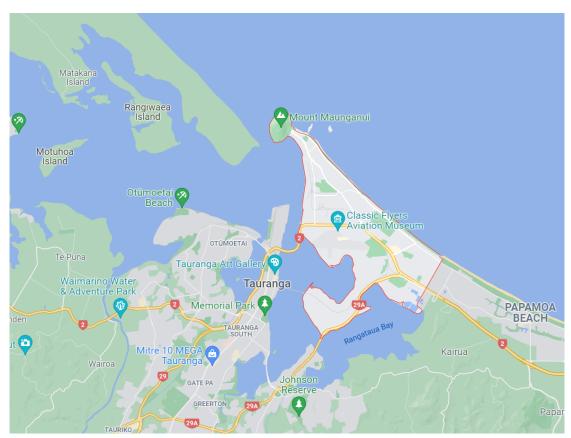


Playgrounds Foul Weather Alternative to Main Beach











OFFICIAL RACE SHIRT

All entrants will receive the Official Race Shirt. It is compulsory for all paddlers to wear the Official Race Shirt whilst competing.

PRIZES

Prizes

Trophies and pize money will be awarded to the Top 3 Women and Top 3 Men. Prize Money will be awarded to the Youth Champion for Mens and Wonens Divisions.

Men's and Women's Champions will be crowned based on combined performance in the three disciplines of the Championship Category. All disciplines must be raced for eligibility for the overall placing.

Age categories are based on competitors' age at 1 January 2023.

All competitors will be eligible for a spot prize draw. The winners must be present to claim their prize otherwise there will be a re-draw.

Events

Championship

- Sprint Course Mount Maunganui Main Beach or Pilot Bay (preference is main beach)
 - o 300 metre
- Technical Race Courses Main Beach
 - Championship 4 km
- Long Distance Race (Only if all other racing is complete/conditions are suitable)

Scoring

Results will be calculated by combing final placings of racers. Your placing dictates your points, where the lowest score wins overall.

There is equal weighting between race types.

After 4 races, riders can discard one race which they must have completed the race.

If riders finish on equal points, the rider who wins the first round between equal riders will be decided as winner.



Events and Prize Money

Open Mens

- 1st (\$500)
- 2nd (\$150)
- 3rd (\$100)

Open Womens

- 1st (\$500)
- 2nd (\$150)
- 3rd (\$100)

Under 19 Mens

- 1st (\$250)
- 2nd
- 3rd

Under 19 Womens

- 1st (\$250)
- 2nd
- 3rd

EVENT Details

Sprints

Saturday 11 MARCH

300 m course

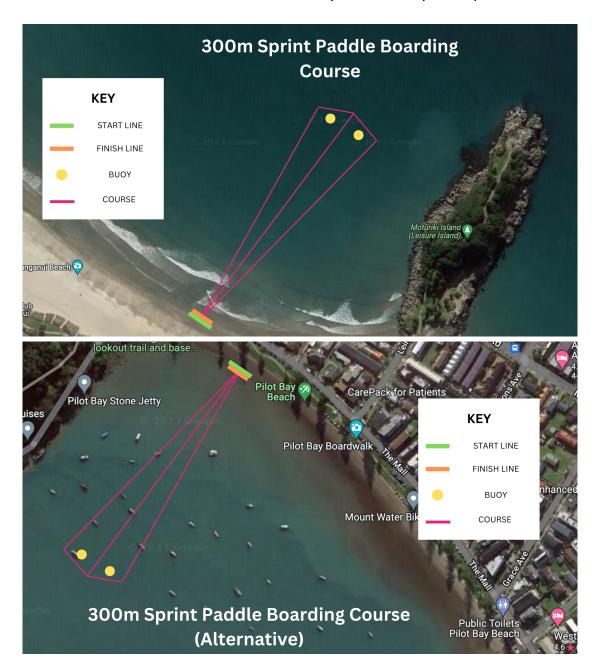
First event of the EVES Real Estate SUP Championships kicks off with the Sprint racing, to be held at Mt Maunganui main beach or Pilot Bay, Mt Maunganui if weather is not suitable.

This is a sprint race based on the popular international format of 150m on a short sprint to a mark where you then turn and finish at the beach.

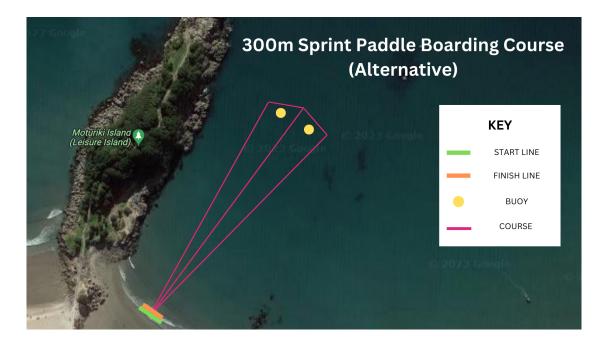
All paddlers will do the same race distance with heats of 6 to 8 paddlers.

Check-in 9:00 am—10:45 am at Athlete Zone/Tent Briefing 11:00 am Race Start 11:30 am The course will be confirmed at the race briefing.









Distance Race

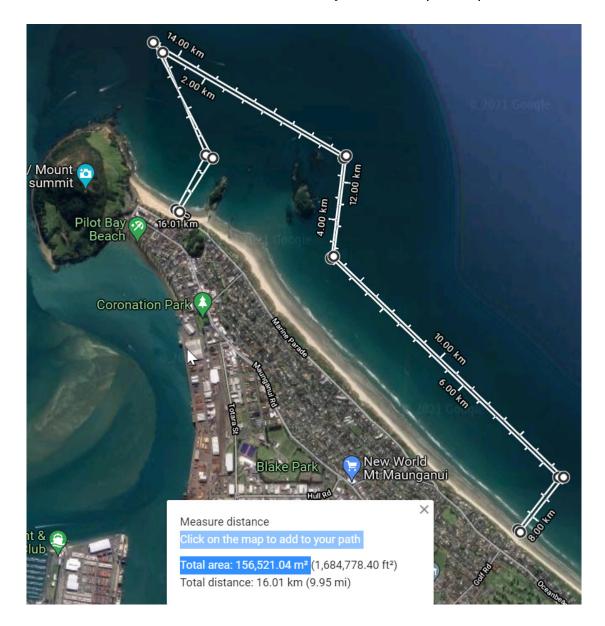
14 - 16 km Long Distance Race (10mile)

This course is designed to push your limits but will only be run if conditions are suitable.

The course will depend on conditions. The description below and map overleaf show likely course option, but it may change depending on conditions on the day.

The distance race is a 12-16 km ocean race, started from Main Beach. The race commences with a running beach start and finish through the breaking waves. A buoy will be set approximately 500 m off the beach, make a left turn and head north east to the second buoy laid off Mount Maunganui. Make a right turn and head south toward Omanu Beach Surf Lifesaving Club. Paddlers must stay east of Moturiki and Motuotau Islands and associated rocks. A buoy will be laid off the beach, make a right hand turn and surf in through the wave break. At Omanu paddlers drag or carry boards on a beach run through a chicane and relaunch into the waves. Retracing your course extend out to the fixed buoy and left hand turn toward the north east. Paddlers must stay east of the islands and rocks. Turn left at the laid buoy and head south west and head to the buoy set at the southern end of Main Beach. Turn right at the buoy and surf through the waves and into the finish. Competitors run up the beach through the arch carrying their paddle.





There may be strong wind, current, chop, some boat traffic, ocean swells and waves of up to 1m coming into the beach.. This will be an upwind – downwind with some possible sidewind.

We will change the direction of the race to optimize the conditions for a fast, fun, challenging race. The exact distance depends on the line you take.

Our preference is to do technical races unless the distance race is looking perfect.

Saturday 11 MARCH (if suitable)

Technical Race



Every entrant is entitled to three races in the 2023 Technical Race. Heats will be done on a points base with randomised heats with one final race where athletes will be split into fleets.

Technical Race will comprise two rounds (2.5km) where the final round will be split into divisions. A 2.5 km B final will be run for those that do not qualify for the final after the heats.

Technical Races will be raced over a tight course extending from the Boat Club and will incorporate a single beach run chicane per race lap.

The course will be set by the Race Director in consultation with the Course Committee and shown at the race briefing.

The course may change throughout the day as conditions dictate, depending on the weather and swell conditions, at the Race Director's discretion.

Any changes will be posted at the race briefing.

Technical Race course will start and finish on the beach.

Any decision to change the course will be at the Race Director's sole discretion.

Divisions:

See Events and Awards Table.

Event Schedule

Racing Starts
Racing Finishes

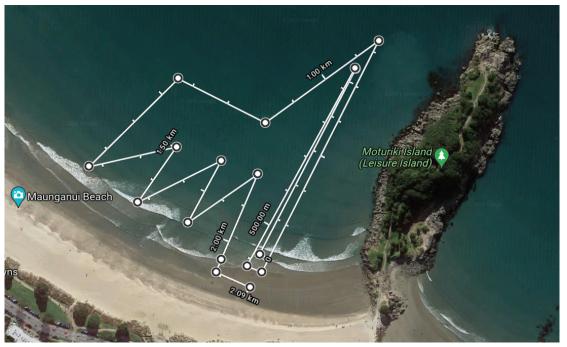
11:00 am

3: 00 pm

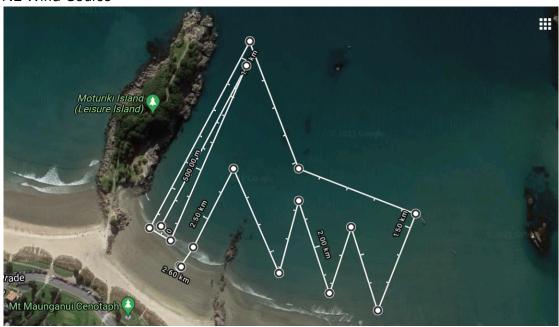
Proposed Race Courses

Light Wind or S Wind Course





NE Wind Course





Official Notice Board

An official notice board will be located at Registration, at the EVENT HUB at Main Beach, and also at the Official Tent next to the start/finish area at each race location. Event information including course maps, changes to the rules or events or schedule will be posted on the official notice board.

Prizegiving

All combined race trophies will be awarded on Saturday at prize giving at 5pm.

RULES

These rules for the International Surfing Association (ISA) Rulebook published February 2017.

Paddler Safety

- All paddlers are required to wear a SUP leash, Personal Flotation Device (PFD), official race shirt for the Distance Races.
- All paddlers are required to wear the official race shirt in the Technical Races.
- All U13 paddlers are required to wear a PFD for all races, in addition to required adult safety equipment.
- Race numbers will be marked on your arm and must remain visible to the race officials.
- The 12-16 km Long Distance Race is for paddlers who are competent in long distance and downwind paddling. The time to make the end of the first lap 6-8km mark will be decided by the three officials who set the course, and advised at the safety briefing on the morning of the race. The time will be competitive. This is being done to ensure the support vessels are not committed to slower paddlers at the rear of the field to the detriment of other paddlers' safety. There will be no exceptions to this rule, and there will be no handicapped or early starting positions for any paddler. A paddler can be pulled from the race at any time at the discretion of the Race Director, safety officer, or other race officials, whose decision is final. There will be no refunds for paddlers who are withdrawn or disqualified from the 12-16km Long Distance Race by race officials, under any circumstances.



- All Distance race paddlers are advised to carry hydration and nutrition to combat fatigue and dehydration.
- Distance Race "sweep rule" race management will "sweep" the course of remaining racers 2 hours after the time of the first finisher. Racers must oblige and board the trailing vessel(s). The Race Director may vary this time limit. Any 16-20km and 8-10km Distance Paddlers not finished when the field is "swept" to receive equal points and place.
- The Technical Races are for paddlers who are competent in surf and choppy conditions. A paddler can be pulled from the races at any time at the discretion of the Race Director, safety officer, saver or other race officials, whose decision is final. There will be no refunds for paddlers who are withdrawn or disqualified from the Technical Races by race officials, under any circumstances.
- Race officials shall have the ultimate and final authority to remove a paddler from the race if the paddler is judged to be physically incapable of continuing the race without the risk of injury.
- If you are not comfortable with the conditions on the day it is your responsibility to make the decision whether to race or not.
- All paddlers are expected to participate in the spirit of the event. You will be disqualified if, in the Race Director's opinion, you engage in any unnecessary physical contact or unsportsmanlike conduct.
- The Race Director will warn the paddlers of dangers that could occur and where all safety personnel will be located on the course during the pre-race briefing. Paddlers shall be mindful of the hand signals to be used if someone is injured, danger (paddle in the air, waving or erect) or in need of help but not injured (hand in the air).
- Paddlers that witness any persons who may be in danger or difficulties during
 any race should assist or help get safety staff attention. Any paddler who
 knowingly ignores another person who is in trouble and by doing so clearly
 endangers their wellbeing will be disqualified from the event

ALL PADDLERS WILL BE CHECKED FOR SAFETY EQUIPMENT AT THE START. ANY NON-COMPLIANCE MAY RESULT IN THE PADDLER BEING DISQUALIFIED.

General Racing Rules

- i. Warm ups are not allowed on the race course during heats/ racing.
- ii. Racers must promptly clear the water when directed by race management.
- iii. Single blade paddle to be used.
- iv. The paddler should be standing at all times whilst paddling. Each paddler must complete the course in a standing position on his or her board. Paddlers starting or remounting after a fall may take a maximum 5 strokes on their knees to gain momentum before standing up. This 5-stroke rule is to



- prevent paddlers attempting to achieve an advantage by paddling from a kneeling position in difficult conditions. Racers who contravene this rule will be given a 3-placing penalty per infraction at the conclusion of the race.
- v. When riding waves in the Technical and Distance races, the paddler must endeavour to stand up at all times except for situations involving safety to the racer or other paddlers. If a paddler is not standing when riding a wave, then he/she must be endeavouring to do so, to avoid official sanction [as per five-stroke rule]. It is allowable for a paddler to kneel on the board for control in or out of the surf zone if there are clearly justifiable safety reasons for doing so.
- vii. Paddlers must follow the designated set course, which will be supervised by water marshals and rescue staff.
 - 1. Race Course markers will consist of two kinds of buoys: TURN BUOYS and GUIDE BUOYS. TURN BUOYS indicate to racers the need to make turns on right or left shoulder to complete the race in the correct way. All the buoys in Technical race will be TURN BUOYS. GUIDE BUOYS are used when the race is a point to point race, from point A to point B and the visual distance between A and B is too far or restricted by obstacles and buoys in the middle way are needed to guide the racers in the correct direction. GUIDE BUOYS will be used just in Distance Races and must be clearly explained to competitors in the managers meeting. GUIDE BUOYS have no mandatory side to pass on.
 - 2. A competitor will not be disqualified for touching a TURN or GUIDE buoy, unless, in the opinion of the Course Official, an advantage has been gained. This may include picking up and moving the mark with hands or a paddle.

 3. A competitor will be unconditionally disqualified when they round a TURN BUOY, flag or gate on the wrong side or in the wrong direction or incorrect sequence, irrespective of the racer having an advantage or not. However, a competitor may diverge from and then return to the course and correct any course mistake between turn buoys and BEFORE THEY CROSS THE FINISH LINE. After crossing the finish line the competition is over for that individual
 - 4. Course Officials are to be impartial and not provide any information to competitors that would give an unfair advantage.

and no racer can return to the course to correct any mistake.

viii. STARTS

- 1. A flag will be set up at either end of the start line, for line of sight. Racers called to take their chosen place on the line with feet grounded behind the line [no other requirement so parts of the body or board may overhang the line, but cannot be grounded].
- 2. The Starter shall call paddlers to the start line with the command, 'racers to the line' or one short horn blast, no greater than 30 seconds and no less than 5 seconds before the official start time.
- 3. Competitors must work in a best effort to not be within 1 meter (3.3 ft.) of the start line before the Starter calls them to the line.
- 4. Competitors with their body completely in front of the buoys/flags before the start horn sounds will be given a false start.
- 5. In the event of high winds or choppy seas or as required by the Beachmaster to control the start procedure, racers may be asked to sit on their boards behind the start buoys.



ix. FALSE STARTS

- 1. Competitors over the line once the Starter calls, 'racers to the line', will be given a false start.
- 2. On the second false start infraction a competitor will be disqualified.
- 3. Competitors must only react to the starting signal and must not try to anticipate the sound.
- 4. Competitors must not make any forward racing strokes once called to the line and before the start.
- 5. In the event of a False Start on the start horn for any Distance Event, competitors will be given 2-minute time penalty. If the False Start is more than two seconds before the horn then the competitor will be disqualified.
- 6. A False Start on the final start horn for a Technical / Sprint Race will result in a long horn blast by the Starter to bring all competitors back to the line. The Competitor will be issued a false start and subsequently disqualified on the second False Start infraction.
- 7. If there is outside inference or any other unforeseen circumstances, the Starter may recall all competitors with two long horn blasts. The Starter will begin a new starting sequence once all competitors are behind the start line.
- x. No extraneous aids are allowed. This includes, but is not limited to, swim fins, engines, foils, wind catching devices [i.e.: sails, baggy clothing, etc.] and personal support teams. No twin or multi- hulled boards allowed (i.e.: catamarans, outriggers etc). Except in Unlimited Class where foils and rudders are allowed.
- xi. Wetsuits and hats (sun protection) are permissible.
- xii. Paddlers are required to have an official race bib / race vest and/or race number on their arm, which must remain on the individual throughout the event. No paddler shall be recorded as a finisher unless carrying the official bib / wearing the official vest and / or number on their arm.
- xiii. DRAFTING is not allowed out of gender.
 - 1. A paddler will be deemed drafting when within 1 meter of the tail, or sides of another competitor or any water craft on the racecourse for more than 10 seconds.
 - 2. If there is a combined male and female start, either sex will be given 200 meters from the start to clear each others draft.
 - 3. 4 If the boundaries of a race course do not allow competitors to get outside of the drafting zone then no drafting rules will apply at that time.
 - 4. A competitor must make an effort to exit the drafting zone immediately when boundaries allow. Examples of natural boundaries include rocks, canals, submerged objects, bridges and vessels.
 - 5. Competitors will be disqualified for drafting any water craft on the racecourse that is not in the same class or gender.
- xiv. FINISHING. Paddlers will race from the last turning technical mark to the beach where they will be required to run up the beach and finish, carrying their paddles only. Boards may be left in the water. The finish line will be between flags at the end of a chute. The nose of the craft is the designated point for crossing the finish line when determining relative placing in a water finish. Races that are finished on the beach may require competitors to run through a finish chute or across a designated finish line. We designate the "front of chest" [as priority] to designate the body finish. Diving [throwing the



- body head first] draws a 30 second penalty. The paddlers' finishing position will be recorded.
- xv. Interference or any form of unsportsmanlike conduct is not allowable and will lead to disqualification. Paddlers must compete in a sportsmanlike fashion and avoid collision at all times. Specific violations include (but are not limited to):
 - o Blocking (Whereby a leading paddler changes his line intentionally to block the path of an overtaking paddler)
 - o Paddling Interference and/or deliberate physical contact
 - Purposely obstructing or interfering with another paddler
 - Causing damage or bodily harm to another paddler or their equipment
 - Use of profane language toward any persons or paddler during the event
 - Not rounding a mark or completing the specified course
 - Deliberate failure to avoid a collision
- xvi. Penalties for violations of the rules and/or unsportsmanlike conduct by a paddler that is listed in this document or that is posted by the race director on the Official notice board include:
 - o Relegation (paddler is penalised places in their race)
 - o Disqualification from the race
 - o Disqualification from the event.

Decisions of the Race Director will be final and binding.

- xvii. Protests must be filed by paddlers with the Race Director within 15 minutes of completion of race. Distance race protests must be filed within 15 minutes of the protesting racer's finishing time. Protests will be handled by the Race Director based on actual interference and impeding progress, fairness and sportsmanship criteria. It is recommended that a protestor brings with him or her, support in relation to the protest being lodged, including but not limited to corroboration / support from another paddler or independent witness.
- ixx. Racing Draw & Schedule

 A full draw and schedule for each Race Day will be posted on the official notice board and Facebook at 8.00am. Any changes to the schedule will be posted on the official notice board.
- xx. Course area. The courses are as described herein, either at Main Beach Playgrounds or Pilot Bay.
- xxi. xxii. Race length. The Technical course lap will be no longer than 2.5 km. The course length is subject to change at the Race Director's discretion to allow the race schedule to be completed within the stated event time.
- xxiii. Moving Mark or Buoy. The race director must notify paddlers of a moved mark or moving mark and either anchor the mark before the first paddler has reached the stated mark, or replace the moved or moving mark so all paddlers are racing a similar distance and shape of course.
- xxiv. Photography. Athletes agree that by competing they allow the event to use photographs for marketing and media purposes.



xxv. Injury waiver. Athletes agree that the event organiser is not liable for any injuries.

Weather contingencies

Waterbourne reserves the right to change any aspect of the above race notice including changing the race program if weather conditions are unfavourable and/or pose a safety risk.

Waterbourne may swap the Distance Race and Technical Race days if the weather conditions will impact on safety and the quality of the racing. The program outlined above is the favoured option and a decision to change will only be made as a last resort if conditions dictate.

A final decision on the race schedule / order of races will be announced on Saturday 11 March at midday, and posted on social media to advise all paddlers of the race program.